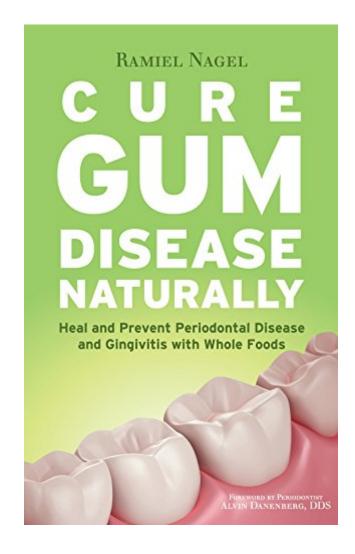
The book was found

Cure Gum Disease Naturally: Heal And Prevent Periodontal Disease And Gingivitis With Whole Foods





Synopsis

Free yourself from the downward spiral of scaling, root planing, gum grafts, flap surgery, chemicals, and the inevitable extractions and implants and cure gum disease (periodontitis) naturally. Ramiel Nagelâ ™s bestselling guide, Cure Tooth Decay, has inspired tens of thousands of readers to discover hidden and effective means to reduce dental cavities by at least 90 percent. In Cure Gum Disease Naturally, Nagel expands upon his original work and shows you the forgotten and suppressed cure for gum disease. The CDC now reports that about half of all adult Americans suffer from periodontal disease, with 8.5 percent of all adults having severe gum disease. And even worse, 23 percent of all adults aged sixty-five and older have lost all of their teeth. Despite the prevalence of periodontal disease, dentistry has not found the â œcureâ • as it continues to allow adults to lose their teeth only to primarily offer the expensive and often painful alternative of dental implants. This is not a book that advocates for gum surgery, or for other chemical or harsh overpriced treatments with dubious results. This is a truly natural, holistic approach that primarily focuses on how you can use the food that you eat as medicine for your body, to give it specific and targeted nutrition, and to make your sad gums happy again. It will show you how to turn the frequent dreadful dental visits into a delight, and to help you stop worrying about the health of your teeth and gums so you can start living lifeâ "as you deserve toâ "once again. Take a bite out of life, improve how you feel, reduce your level of stress, and finally, at last, read a book that was truly written with a goal that you can align with, to get you out of the endless and unnecessary cycle of gum disease treatments that do not provide results that last because they never address the root cause. Cure Gum Disease Naturally is about you and your health. It begins with the story of how conventional dentistry no longer advocates and prescribes treatments based upon the agreed upon and proven cause of gum disease. You will learn how enlightened dentists Melvin Page and Harold Hawkins applied the research of esteemed dentist Weston Price in their practices to prevent the tragic loss of teeth by restoring gum health in their patients. You will then be led, step by step, through the evidence and the information that gives you a precise and detailed road map, using whole foods, to stop gum disease and to rebuild and repair your gums. Finally, you will be given essential information to navigate the dangerous waters of gum treatments, and find new ways to care for your teeth and gums that until now, few knew were even possible. Read Cure Gum Disease Naturally and learn how loose teeth can be firmed up and become rooted like a strong tree once again into your jaw bone, inflamed gums can become healthy, and bleeding can be greatly reduced and stopped. You will at last see clearly why you have succumbed to gum disease and know specific steps to take, by eating certain foods, to keep your gums healthy and thus keep your teeth for the

rest of your life.Endorsement: Alvin H. Danenberg, DDSPeriodontist of forty-one years "Ramiel takes a sincere and critical look at how gum disease is treated in the U.S. today. Or should I say, how gum disease is mistreated? I think it is an injustice not to inform patients that there are nutritional solutions that prevent gum disease, which is a type of chronic disease. This is a book you must read... Pass it onto everyone you love and care about."

Book Information

File Size: 2333 KB Print Length: 288 pages Publisher: Golden Child Publishing, Inc. (April 3, 2015) Publication Date: April 3, 2015 Sold by: Â Digital Services LLC Language: English ASIN: B00VO5ZAVE Text-to-Speech: Enabled Not Enabled X-Ray: Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Not Enabled Best Sellers Rank: #74,926 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #1 in Kindle Store > Kindle eBooks > Medical eBooks > Dentistry > Periodontics #3 in Books > Medical Books > Dentistry > Periodontics #3 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Oral Health

Customer Reviews

Excellent book!!!! I do not have gum disease but after reading Ramiel's other book "Cure Tooth Decay" (which we had great success with), I couldn't wait to read this one. I'm all about prevention and it's so important to me to help prevent this issue!I'm a list maker so here is why I love the book..1. It's a very do-able read in a relatively short period of time and it is written in lay terms. Everything is very easy to understand for someone with or without a background in the health industry.2. The table of contents is very well done so later after reading you could easily go back to quickly find something you were wanting to reference.3. Obviously the most important part, the information. This book is so well researched (large reference section in back). I am a big Weston A Price Foundation supporter so I was familiar with many of the dietary suggestions but despite that I

still learned a lot. My favorite section was the understanding the vitamins and what foods to get these from, what they look like synthetically and how to source them naturally, etc. For me it seems so hard to find this information accurately on the Internet but specifically Chapter 4 had well laid out charts with examples of how much of a certain nutrient you can get from certain vitamins. For someone who just wants to learn about vitamins the book is worth it just for that vitamin chapter. I have never read anything to clearly started for a lay person to understand about vitamins.4. The book has great pictures, diagrams and charts. If you are a visual learner you will love this.5.

Full disclosure: I served as one of the editors, as well as a proof reader for this book. I also supported some of the layout and visual communication. I have read the book several times over and will continue to keep it as a valuable reference. This review is written from my perspective as a reader who leads a community committed to how we nourish our children and ourselves. I think this book is incredibly informative, and inspirational because Rami invites and empowers each of us to truly nourish ourselves so that we can heal. I felt inspired and motivated to help myself. Over several chapters, Rami methodically explains the true reason why this kind of disease happens in the first place, and offers us very detailed step-by-step instructions on how to reverse it. Gum disease is believed to be a result of excess bacterial toxins over time by the dental establishment however, after I read this book I became convinced that it is due to a lack of proper nutrition. What we eat or don't eat and how we live our lives impacts our health on every level. Some of the information I read in Cure Gum Disease was familiar to me as I also educate about Dr. Weston A. Price's research and the importance of nutrient dense foods. Nonetheless, I still learned a lot that was new to me, while some concepts were further reinforced. I think this book is a powerful companion to Cure Tooth Decay, and will serve those who read it with a clear path toward a cure. I will recommend Cure Gum Disease to the Nourished Book Club I created, and share it with the dentists I've seen past and present. I believe that someone who follows the recommendations outlined in this book will experience a benefit to all aspects of their health. I think the book is very well written and clearly outlined.

Download to continue reading...

Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) Cure Gum Disease Naturally: Heal and Prevent Periodontal Disease and Gingivitis with Whole Foods Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook - Whole Foods Recipes (Whole Foods - Clean Eating) Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes

Guaranteed to Lose Weight (Whole, Whole Foods, Whole Food Diet, Whole Foods Cookbook) Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook -Whole Foods Recipes 30 Day Whole Food Challenge: 30-Day Whole Food Diet Challenge Recipe Cookbook for Weight Loss Eat healthy, Lose Weight! (Whole Foods, Whole Diet, ... Whole Recipes, Whole 30 Diet Plan) (Volume 1) Fatty Liver : The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure, Fatty Liver diet, Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) The Healthy Bones Nutrition Plan and Cookbook: How to Prepare and Combine Whole Foods to Prevent and Treat Osteoporosis Naturally Whole: The 30 Day Whole Food Diet Cookbook© (The Healthy Whole Foods Eating Challenge - 120+ Approved Recipes & One Full Month Meal Plan for Rapid Weight Loss) Whole Food: Top Slow Cooker Recipes: The 30 Dav Whole Food Diet Cookbook© (The Healthy Whole Foods Eating Challenge - 230+ Approved Slow Cooker Recipes for Rapid Weight Loss) Whole: The 30 Day Whole Food Diet Cookbook© (The Healthy Whole Foods Eating Challenge - 230+ Approved Slow Cooker Recipes for Rapid Weight Loss) The Type 2 Diabetes Cure: How To Naturally Prevent & Reverse Type 2 Diabetes (Carb, Diabetic Diet Plan, Best Foods, Blood Sugar, End, Recipes) (The Doctor's Smarter Self Healing Series) Diabetes Cure: How to Reverse Type 2 Diabetes Naturally with Healthy Food, Diet, and Exercise (Diabetes Diet - Your Ticket to Beating this Disease Naturally and Effectively) Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Elimate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Naturally Pain Free: Prevent and Treat Chronic and Acute Pains-Naturally Promoting Health and Academic Success: The Whole School, Whole Community, Whole Child Approach

<u>Dmca</u>